City and Hackney PAR - June 2023

Phase two research questions

Theme	Question from workshop	Priority	Suggested alternative question	Possible tools that can be used
Parents/Carers	To what extent do you think your parent or guardian needs to be consulted on your health and wellbeing appointment?	High priority	**How would you like your parents/carers to be involved when you access support?** *How comfortable do you feel talking to your parents about support you need? When you go to get support, do you want your parents/carers to be able to come with you? Is there anyone else that you would want to come with you to any appointments?*	H form How comfortable -rating? What could be positive about them being involved? What are the negatives or fears? Suggestions to access- alternates etc. Or forcefield analysis- how do you rate this at the moment and the reason- what are your suggestions for making this access positive?
Services, Support and Professionals	Give a scenario eg book an appointment with your GP…	High priority - I think this is a good question, and would be helpful perhaps to ask young people to 'give advice to a friend' i.e.	***If a friend said they were feeling sad or low, what would you tell them to do, who could they speak to?***	Timeline of getting an appointment and major events on the way If someone was feeling low- timeline your conversation, suggestions and how they could access a service

SYH Accessibility and Location	Is there a way services could communicate better in City and Hackney?	High priority - perhaps language could be updated here too, would suggest	***What is the best way for you to find out about any support available for you?*** *How could the 'services' that offer support let young people know what they are offering?*	H form Rate communication and information you access already? What would you like to keep? What would you like to scrap Suggestions to make it better?
SYH Accessibility and Location	Who listened to you and what are your expectations?	High priority - perhaps second half of this question could be more like	*What happens when someone listens to you? 'how do you know when you've been heard?' 'what do you want from professionals when you ask for help?' ,'how can professionals support you in asking for help?'*	When have you felt listened to? What was the service provider doing to make you feel listened to? Perhaps get them to draw an ideal service provider who makes them feel heard, listened to and respected
SYH Accessibility and Location	Do you feel welcome and represented?	High priority - the wording is very broad	*'How can young people's voice be better represented in City and Hackney?' 'What would help you to taking part in decision-making?'*	Causes-What makes you want to engage with decision making What impact does it have when you feel heard and a part of decision making Spider could be used to identify groups that may not feel involved and we could have a barrier spider or a solution spider to identify solutions to those barriers

Services, Support and Professionals	What are some of the reasons you are skeptical of accessing services?	High Priority We have a fair amount of information on the barriers of access, but not much information about the potential solutions	***What would you like the health organisations to do to ensure you stay well and happy?' What would make it easier for you to get support when you need it?***	Spider diagram- what are the causes of not wanting to access services Solutions- how can this change on the different legs of the spider
SYH Accessibility and Location	Where would you feel safe in Hackney?	Medium Priority - again perhaps more follow up	*'What makes this area safe', and looking at a map of youth provision 'which of these places do you feel comfortable or safe going to'*	Mapping - where do you feel safe in C&H and identify what features make it safe
CYP Health and Wellbeing:	What makes you feel more connected/less isolated?	Medium priority - perhaps to extend this young people could map this against places in C&H i.e. schools, youth hubs etc.	Attach as an extended question to sessions using mapping	Add this to above mapping
SYH Accessibility and Location	Safety - how to maintain a personal feeling of safety for you?	Medium Priority there is room to for a bit of follow up	*What's important for you to feel safe when getting support? How can professionals help you feel safe?*	Again causal impact could be used- causes- what makes you feel safe and impacts

CYP Health and Wellbeing:	When are you happy, how often do you talk about your feelings with other people, what makes you happy - could link to safety?	Low priority - I think we've had some good discussion around this)	N/A	Timeline- Moments that make you happy and safe?
CYP Health and Wellbeing:	How often are you feeling dejected and how do you avoid	Low Priority - lots of feedback around this already. Also the	N/A	Again timeline with the above

	it? How could you improve/avoid being dejected?	language here is perhaps not very accessible)		
CYP Health and Wellbeing:	What do you currently do to help your physical self in Hackney?	Low priority - we've got a fair amount of feedback around this question too)	N/A	Grafitti if needed or mapping?

Services, Support and Professionals	Do you have enough access to services - what do you already access? What not?	Low Priority - a fair amount of information and data on young people accessing services, and from which demographics and areas.	*'What makes a space or place feel welcoming and supportive? ','What would you like the health organisations to do to ensure you stay well and happy?' 'What support do you find useful? And what other support that you don't have, would you find useful?*	Graffiti- What services are you accessing already Gaps- what have you felt the need to access and what has stopped you Spider- each eg represents need/ service not accessed and on the legs we identify potential barriers?